

PERSONAL DATA FORM

The information requested on this form serves two purposes. It allows us to learn many things about you and your background and allows us to gather information we are required to have by our accrediting organization. Thank you for your cooperation and participation. **If you have any difficulties or concerns in filling out this form, please let your clinician know.**

Name: _____ **Date of Birth:** _____ **Age:** _____ **Gender:** _____

Address: _____ **City** _____ **State** _____

Zip Code _____ **Home Phone** _____ **Work Phone** _____

Race: Native American White Black Asian Other: Describe: _____

Please tell us why you are here...

Family:

Marital Status: Single Married Divorced Separated Widowed Living Together

Household Members:

Name	Relationship
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Significant people not living with you: _____

Family History:

Family history of substance abuse: _____

Family history of mental health problems: _____

Family history of incarceration: _____

Family history of completed suicide: _____

List significant losses and traumatic incidents: _____

Medical Information:

Primary Care Physician: _____

Current medical conditions: _____

Are you pregnant? Yes No

Past medical conditions/surgery: _____

Have you been tested for HIV? Yes No

Do you want an HIV test? Yes No

Please indicate any previous treatment you have received for mental health or substance abuse problems:

Approximate Dates	Type of Treatment	Institution/Provider	Problem for which you sought help	How helpful was your care?

Have you or are you receiving services from a Traditional Healer? Yes No

If no, are you interested in Traditional Healing services? Yes No

Provide the name and dosage of *current prescription medications* you use: **NONE**

Medications	Dosage (including frequency/when used)	Used for What Condition?

Other prescriptions used in the past 2 years: _____

Please provide the names of all over-the-counter, herbals, and/or supplements that you currently use. None

Social History:

Recreation/leisure activities:

Volunteer Bars Stay home TV/Movies Hobbies Dancing Classes Listen to music Casinos
 Sports/Exercise Powwows Other _____

Socialize with: family friends co-workers acquaintances from groups or organizations

Enough support from family/friends: Yes No

Sexual orientation:

- Heterosexual Bisexual Gay Lesbian Transgender
 Other

Living situation:

- Rent Own Living w/
someone Homeless

Employment:

- Working full-time Laid off Disabled Homemaker Retired
 Working part-time Unemployed

Financial source of income:

- Work Significant
Other Unemployment Disability Other
 Social
Security Per Cap

Financial stress: Yes or No

Military history: Yes or No

Legal:

Legal History: Do you have a history of legal problems other than minor traffic violations? No Yes

If yes, please answer the following:

Currently on probation or parole? No Yes

If yes, name of probation officer _____

Past legal offenses: No Yes

If yes, please describe nature/date of offenses: _____

Traumatic incidents:

Do you have a history of physical abuse? Yes No Witnessed domestic violence: Yes No

Do you have a history of sexual abuse? Yes No Emotional abuse: Yes No

Any past attempts at suicide? Self-harm? Please explain: _____

Education:

Education: Highest Grade Completed: _____ What kind of grades did you get? _____

Received special education? Yes No

Current or future educational plans: _____

Spiritual:

Do you practice religion or spirituality? Yes No Please describe _____

Degree of importance of religion/spirituality in your life (*check the appropriate category below*):

Extremely Important Moderately Important Minimally Important Not At All Important

Abuse/Addiction – Chemical & Behavioral

Drug	Age First Used	Age Heaviest Use	Pattern of Heaviest Use	Recent Pattern of Use (Frequency & Amount, etc)
Alcohol				
Cannabis				
Cocaine				
Stimulants (crystal, Speed, amphetamines, etc.)				
Methamphetamine				
Inhalants (gas, paint, glue, etc)				
Hallucinogens (LSD, PCP, mushrooms, etc)				
Opioids (heroin, narcotics, methadone, etc)				
Sedative/Hypnotics (Valium, Phenobarb, etc)				
Tobacco				

Ever injected Drugs? Yes No

If Yes, Which ones?

Drug of Choice?

Consequences as a Result of Drug/Alcohol Use (select all that apply)

- | | | | |
|---|--|--|--|
| <input type="checkbox"/> Hangovers | <input type="checkbox"/> DTs/Shakes | <input type="checkbox"/> Blackouts | <input type="checkbox"/> Binges |
| <input type="checkbox"/> Overdoses | <input type="checkbox"/> Increased Tolerance | <input type="checkbox"/> GI Bleeding | <input type="checkbox"/> Liver Disease |
| <input type="checkbox"/> Sleep Problems | <input type="checkbox"/> Seizures | <input type="checkbox"/> Relationship Problems | <input type="checkbox"/> Left School |
| <input type="checkbox"/> Lost Job | <input type="checkbox"/> DUIs | <input type="checkbox"/> Assaults | <input type="checkbox"/> Arrests |
| <input type="checkbox"/> Incarcerations | <input type="checkbox"/> Homicide | <input type="checkbox"/> Other: | |

Longest Period of Sobriety:

Triggers to use : _____

Are you interested in Medication Assisted Treatment for Addiction? Yes No

Have you had any of the following problem gambling behaviors? Select all that apply:

- | | |
|--|--|
| <input type="checkbox"/> Gambled longer than planned | <input type="checkbox"/> Gambled until last dollar was gone |
| <input type="checkbox"/> Lost sleep thinking of gambling | <input type="checkbox"/> Used income or savings to gamble while letting bills go unpaid |
| <input type="checkbox"/> Borrowed money to gamble | <input type="checkbox"/> Made repeated, unsuccessful attempts to stop gambling |
| <input type="checkbox"/> Been remorseful after gambling | <input type="checkbox"/> Broken the law or considered breaking the law to finance gambling |
| <input type="checkbox"/> Other: | <input type="checkbox"/> Gambled to get money to meet financial obligations |

Current Concerns:

Please indicate the reasons for which you are seeking treatment now:

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> Depression | <input type="checkbox"/> Panic attacks | <input type="checkbox"/> Excessive worry | <input type="checkbox"/> Parenting assistance/training |
| <input type="checkbox"/> Alcohol Abuse | <input type="checkbox"/> Drug abuse | <input type="checkbox"/> Grief/Loss | <input type="checkbox"/> Poor self-confidence/low self-esteem |
| <input type="checkbox"/> Family conflict | <input type="checkbox"/> Past trauma | <input type="checkbox"/> Stealing | <input type="checkbox"/> Conflicts with employer/co-workers |
| <input type="checkbox"/> Eating difficulties | <input type="checkbox"/> Weight problems | <input type="checkbox"/> Gambling | <input type="checkbox"/> Relationship problems/break-up |
| <input type="checkbox"/> Managing stress | <input type="checkbox"/> Hearing voices | <input type="checkbox"/> Seeing things | <input type="checkbox"/> Repetitive thoughts/behavior |
| <input type="checkbox"/> Stress at work | <input type="checkbox"/> Legal problems | <input type="checkbox"/> Fears/Phobias | <input type="checkbox"/> Self-assertion difficulties |
| <input type="checkbox"/> Sleep problems | <input type="checkbox"/> Sexual problems | <input type="checkbox"/> Flashbacks | <input type="checkbox"/> Coping with physical problems |
| <input type="checkbox"/> Thoughts of suicide | <input type="checkbox"/> Thoughts of harming others | | <input type="checkbox"/> Other: |

What are your strengths? What are you good at?

Are there any family members you want involved in your treatment plan here? _____

REVIEWED BY:

Client Signature

Date

Clinician Signature

Date

